

**Camrose Interagency Meeting Minutes**  
**Held Monday, May 13, 2019 @ 1:15 p.m.**  
**2<sup>nd</sup> Floor Conference Room – Community Centre (CDSS)**

**Present:** Robyn Gray, Camrose Public Library; Karen Knull, Service Canada; Bill Harder, Hospice Society of Camrose & District, Karen Jenkins, CMHA Alberta Brain Injury; Javan Stamp, Primary Care Network Behavioral Health Consultant; Kayla McLachlan, Elizabeth Fry Society; Helen Samm, Camrose Women’s Shelter; LeaAnn Elder, Alberta Health Services Early Intervention Program; Stephanie Hadley, Association for Communities Against Abuse; Joanne Tweed, Neighbour Aid; Donna Coombs, Service Options for Seniors Program; Jolene Doig, Camrose Family Resource Centre, Camrose Early Childhood Coalition; Joy Vanderwerf, Seasons Camrose Retirement Community; Kyla Joyce, St. Mary’s Hospital; Chantel Schmidt, Canadian Mental Health Peer Support; Tammy Richard, Alberta Health Services Mental Health & Addictions; Colleen McInistry, Primary Care Network

**Margaret Holliston in the Chair**

1. **Welcome & Introductions** – Margaret Holliston called the meeting to order at 1:15 p.m.
2. **Agenda** - No Changes to the agenda
3. **Presentations - May is Sexual Violence Awareness Month**
  - **Stephanie Hadley, Executive Director, Association of Communities Against Abuse.** The power point of the presentation will be emailed with the minutes.
    - ACAA began in the late 1980’s, in response to a need for specialized services in East Central Alberta. In 1990 ACAA provided its first counselling appointment and has since grown to 15 employees. The #IBelieveYou campaign was launched about 4 years ago, and has been very successful. In 2019, Alberta’s ONELINE for Sexual Violence was launched as a toll-free confidential phone, text, and chat service. Call or text 1-866-403-8000 or CHAT at [www.aasas.ca](http://www.aasas.ca).
    - Check out this link for more information on how to help address, hopefully prevent, and help reduce incidences of sexual violence in our community and in our province: <https://www.alberta.ca/commitment-to-end-sexual-violence.aspx>.
    - ACAA is seeking new board members and would love to have someone from the Camrose area on the Board.
  - **Kayla McLachlan, Program Coordinator, Independent Legal Advice for Survivors of Sexual Violence, Elizabeth Fry Society of Edmonton.** The power point of the presentation will be emailed with the minutes.

The ILA Program is a trauma-informed, healing-centred program that runs in Edmonton and surrounding areas including Camrose. To be eligible for the ILA program, survivors must have experienced sexual violence in Alberta, reside in Alberta, and be at least 18 years old. Each survivor is entitled to up to four hours of free legal advice. ILA staff recruit lawyers and train these lawyers in trauma-informed practices, gender-based and intersectional approaches, and Indigenous historical trauma. Contact Kayla McLachlan, Program Coordinator, Independent Legal Advice for Survivors of Sexual Violence at 780-784-2213.

#### 4. Member Reports

##### **Robyn Gray – Camrose Public Library** (Report Submitted by Shannon Stolee)

##### **Summer Reading Program:**

- The summer reading program aims to attract children to the Camrose Public Library. This program is free to all participants and is a perfect opportunity for youth to maintain their reading skills and explore the library, while having fun this summer. Our programming will focus in TD's theme "Natural world", which will incorporate different aspects of the natural world around us. In addition to promoting literacy, we hope to provide a safe space for children of all ages to engage with each other and the library and of course to have fun.
- In addition to our regular weekly programming, we are planning several special events, including our annual summer kick off party, which this year will celebrate the Camrose Public Library's 100th Birthday!
- The Book Bike is a mobile outreach and programming initiative to bring library services into the community. This year we want to play off of the summer reading program theme of 'natural world' and focus our programming on environmental literacy. We are hoping to work with other groups to provide this programming and if you have ideas we would love to hear them. Feel free to reach out if you would like to work with us in the next few months. Elliot Harder-Book Bike Coordinator: [eharder@prl.ab.ca](mailto:eharder@prl.ab.ca) and Sarah Bean-Book Bike Assistant: [sbean@prl.ab.ca](mailto:sbean@prl.ab.ca)
- In addition to promoting the library's events and summer programming, Jennifer will be spending the summer conducting in-depth research into the library's patrons and the needs of the community via surveys and interviews. She'll also be collecting stories from library users to celebrate 100 years of the library. That research will inform the library's services and marketing going forward, and she'd love to hear feedback from your organizations about what CPL can do to serve you and the people you work with more effectively.
- The Cycling without Age involves the Life Cycle, a motorized bike that allows seniors and those with limited mobility a chance to feel the wind in their hair again. The intergenerational programmer will also be creating programs that will bridge age gaps and bring together people of all ages from preschoolers to seniors.

##### **Together Alberta:**

- Join us at the library with other agencies and businesses in Camrose to help Together Alberta for an SDG roundtable. An SDG roundtable is a 3 hour community dialogue (with a 30 minute break), exploring how the UN Sustainable Development Goals relate to the work of participant organizations and what opportunities they present. During the roundtable, participants will have the opportunity to learn about the SDGs, discuss ways their work aligns with the goals, and begin to build cross-organizational understanding and collaboration towards addressing these goals locally and globally.
- The results of the Province-wide roundtables will be mapped online, allowing the public to see the work local organizations are already doing to achieve the SDGs at home and abroad.

##### **Karen Knull – Service Canada**

Karen is the Citizen Services Specialist for Service Canada / Government of Canada. Karen can be reached at [karen.knull@servicecanada.gc.ca](mailto:karen.knull@servicecanada.gc.ca) / Tel: 403-406-2926. Karen can work with community partners to provide information on Service Canada programs that benefit clients including, aboriginal people, families and children, newcomers to Canada, people with disabilities, seniors, veterans, youth and students. A pdf brochure will be attached in the email with the minutes.

##### **Bill Harder – Hospice Society of Camrose & District**

Men's Cooking Circle is an opportunity to learn basic cooking skills, meet other men, cook and eat together, and to engage in conversation with men who are experiencing grief. The next group is scheduled for May 29 – July 9<sup>th</sup> at the Camrose Open Door. No cost to participants. Call 780-608-0636 to register.

US - Understanding Support Group, formerly Camrose Caregivers Support Group, meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month from 1:30 – 3:30 p.m. at the Hospice office at the Mirror Lake Centre. Joan Willoughby, who formerly ran the Camrose Caregivers Support Group, will provide debriefing, resources, and connections for personal caregivers. Call Joan at 780-672-9579 for more information.

The Hospice Society is anticipating the launch of suicide grief support group in the fall. More information will be shared in upcoming Interagency newsletters.

Colette Howery (retired RN, Certificate in Grief Support) and Donna Lynne Erickson (Certified Grief Facilitator) will facilitate a one-day bereavement and grief workshop on May 24<sup>th</sup> at the Camrose Public Library. This workshop is for people who are coping with grief and loss, as well as for people interested in becoming “grief helpers” – co-workers, family members or even physicians and health care professionals supporting people going through a loss. The following topics include:

- How to be a companion/grief helper to someone who has experienced a loss
- Types of loss: loss of mobility, loss of health, loss of earning potential
- The importance of integrating loss into our own lives first
- That everyone’s grief journey is unique and that we all grieve differently
- How to recognize signs of complicated grief
- How to access appropriate community resources

#### **Chantel Schmid – Canadian Mental Health Association**

The Caregiver Connections group is for anyone supporting individuals with a mental health concern, mental illness or addiction. Caregiver Connections provides support from a trained peer who will share information and resources to assist people in achieving wellness for themselves in their journey of supporting others. Individual counselling is also available at no cost.

#### **Tammy Richard, Alberta Health Services, Addictions and Mental Health**

Wait times for treatment have increased; however, a new addiction counsellor has been hired; so hopefully this will decrease wait times.

#### **Colleen McKinistry – Primary Care Network**

Colleen is the Clinical Director at PCN. Colleen will be presenting an overview of the Primary Care Network at the September Interagency meeting.

#### **Karen Jenkins – Alberta Brain Injury Network**

Karen’s office is located in Red Deer, but serves Llodymminster, Vermillion, Camrose and surrounding areas. Karen comes to Camrose every 6 weeks to support adults and their families experiencing the effects of acquired brain injury, and assists survivors, their families and caregivers to access support and resources in the community. Referrals can be made by medical professionals, mental health or financial workers, concerned family or friends and self-referral.

June is Brain Injury Month. Contact Karen at 403-342-2266 to learn about presentations to raise awareness of brain injury during June.

#### **Javan Stamp – Primary Care Network**

Javan is the Behavioral Health Consultant, replacing Jenny Ofrim on her Maternity Leave of Absence. Javan will work with youth, 24 years and under. Referrals can be received from physicians, agencies, and self-referral.

#### **Helen Samm – Community Outreach Worker, Camrose Women’s Shelter**

Helen is the Community Outreach Worker. Helen assists with transitioning women who have stayed at the shelter, back into the community of their choosing and/or supporting women and/or men who have not stayed in the Shelter but need assistance in the form of encouragement, advice, referrals, searching

for housing, etc. Helen can meet in homes, if safe, or at a public location. Helen locates her program 2 days/week at PCN. For more information about the Outreach Program or to book a family violence awareness presentation, contact Helen at 780-679-4975 ext. 2

The Camrose Women's Shelter will be entering the "Walk A Mile in Her Shoes" annual fundraising drive in the Big Valley Jamboree parade and are looking for men to volunteer to "walk in the parade."

The Hope Women's group for those affected by domestic violence meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month at Messiah Lutheran Church from 4:30 – 7:00 p.m. Free childcare is provided, and a supper at 4:30 p.m. at the Women's Shelter.

#### **LeaAnn Elder – Alberta Health Services Early Intervention Program**

LeaAnn meets with people to provide in-home support to families of infants and children with developmental delays or disabilities from birth to 3 ½ years of age. The purpose of the Early Intervention Program is to assist in identifying strengths and challenges, develop plans, find service to support a child's development, connect with other community resources including government programs, other health providers, child care, and/or schools. For referrals in the Camrose area call Camrose Public Health at 780-679-2984 or 780-361-4333. Email is [leann.elder@ahs.ca](mailto:leann.elder@ahs.ca). The program is free of charge and is not mandated.

#### **Joanne Tweed – Neighbour Aid Center**

Neighbor Aid Center works together with local churches and community to help those in need. Neighbor Aid can assist with transportation for specialty medical appointment if the person has no other means of getting to an out of town medical appointment. Joanne noted that they are working with Red Arrow to pre-purchase bus tickets for clients to get to Edmonton.

The Food Bank is open on Tuesdays, Wednesday, and Thursdays from 9:00 a.m. – 11:30 a.m. However, there is bread available every morning.

Martha's Table (free soup and sandwiches) operates from 12:00 – 1:00 p.m. at St. Andrew Anglican Church on Tuesdays, Camrose United Church on Wednesdays, City Lights Church on Thursdays.

Financial assistance may be provided to individuals, but they are first referred to Alberta Supports.

The Breakfast Club program is offered in 6 local schools. Neighbor Aid provides the food for the program. There are coordinators in each school to manage the program. For the past 4 years Cargill staff have picked up boxes of food on Fridays and delivers the food to the schools.

An appreciation supper was recently held, with 148 volunteers attending.

Neighbor Aid is working on a new initiative to provide milk vouchers to be redeemed by clients at a local grocery store.

Joanne will be sending letters out to agencies to provide an update on all the initiatives happening at Neighbor Aid.

#### **Stephanie Hadley – Association of Communities Against Abuse**

ACAA will be hosting a Online Safety Presentation lunch and learn on Friday, May 17<sup>th</sup> in Killam from 12:00 noon – 1:00 p.m. at the Flagstaff FCSS board room. Information on how to best support children and youth with online activities will be shared. No cost to attend, with lunch provided. RSVP to 780-385-3976.

In partnership with Tofield/Ryley/Beaver Co. West FCSS, ACAA will be presenting a viewing of "The Tale," a film based on the filmmaker's own story. The Tale is an investigation into one woman's memory as she is forced to re-examine her first sexual relationship and the stories we tell ourselves to survive. The viewing is on May 21<sup>st</sup>, 2019 at 7:00 p.m. at the Tofield Community Hall. Call 7880-662-7067 for more information. This is a free event, everyone welcome.

ACAA Annual general meeting will be held on June 14<sup>th</sup> at noon in the ACAA office, 5005 – 47 St., Stettler AB.

**Jolene Doig - Camrose and Area Early Childhood Development Coalition** (Report Submitted)  
ECCA announced that we will in fact be receiving funding for the 2019/2020 fiscal year. This is exciting as it gives us the opportunity to continue to educate, celebrate and advocate about the importance of early childhood development and the services in and around our communities. One of our main goals this year is to have a stronger presence in our rural communities (Tofield, Bashaw, Bawlf, New Norway, Hay Lakes). We have already started a rural ECD interagency in Tofield, and plan on meeting quarterly. If anyone works in that rural zone and would be interested feel free to touch base with me.

Summer hours for the Indoor Playground and Discovery Room at the Community Centre are Monday – Friday 8:30 a.m. – 4:30 p.m. The downtown centre will be open on Tuesdays from 9:00 a.m. – noon. On Wednesdays from July 10 – August 14 registered playgroups will be held at various parks in Camrose. On Thursdays, from 10:00 a.m. – 11:00 a.m., Family Resource Centre will be hosting a "Garden Fun" program at the community garden plot in Camrose. On Fridays, Family Resource Centre will be doing a music and movement program outside of the Community Centre building from 10:00 a.m. – 11:00 a.m. To find out more information please call the Family Resource Centre A Parent Link Centre at 780-672-0141 and talk to a staff member.

**Joy Vanderwerf – Seasons Camrose Retirement Community**

Joy has recently been hired as the Business & Leasing Manager for Seasons Camrose Retirement Community.

**Kyla Joyce – Covenant Health St. Mary's Hospital**

Kyla works .6 full-time equivalent as the Social Worker for the Camrose, Vegreville, Mundare and Killam sites, and is very busy!

**Donna Coombs – Service Options for Seniors (Report Submitted)**

The SOS Program has completed another successful tax season. Our three volunteers have completed nearly 850 returns between Mar. 1<sup>st</sup>. and April 30<sup>th</sup>. We still have one dedicated volunteer that will continue to work through the rest of the year.

We are also continuing our Coffee Chats twice a month on the second and fourth Thursday morning from 10:30 a.m. to noon. This past week we hosted Steve Smith from Save on Foods pharmacy. On May 23<sup>rd</sup> we are hosting Stephanie Loosemore from the PCN Geriatrics program. Everyone welcome.

We are looking forward to see what the new government will have to offer our local seniors. The SOS Program has taken over being the home for the Battle River Elder Abuse program and in doing so continue to promote awareness of this serious issue. To help support the program and SOS we are selling crochet Angels as a fundraiser. Two of our retired board members are crocheting away night and day. We have over 20 to choose from if anyone would like to purchase one? Two? Or three?  
Submitted by Donna Coombs Executive Director.

**Amber Schmid, Learning, Advising & Beyond | Augustana Campus - University of Alberta** (Report submitted, not at the meeting).

Please contact our office if you are interested in exploring CSL placements for the 2019-2020 school year. One area we are seeking partnership in, is with our Computing Science students. In January, students in a software engineering course will be looking to develop mobile apps with local organizations. We also have individual students who would be interested to work on website improvements or databases. Contact Amber at 780-679-1662 or [auglab@ualberta.ca](mailto:auglab@ualberta.ca) for more information.

**Margaret Holliston, Executive Director, Camrose & District Support Services** (Report Submitted) **CDSS** (780-672-0141); [www.camrosefcss.ca](http://www.camrosefcss.ca) ; [cdss2@telusplanet.net](mailto:cdss2@telusplanet.net)

- **Alberta Rural Development Network Rural Homelessness Estimation Count:** I am *still* waiting on our results. I will be on vacation May 28 to July 7, and if I don't get our results before I leave, I will have to share them with participating agencies upon my return – assuming they are waiting for me in my inbox by then.
- **CDSS Policy Review:** CDSS is undergoing a comprehensive policy review, mainly to clarify the roles and responsibilities of CDSS/the CDSS board vis-à-vis CDSS internal programs/ internal program boards. This task will take up a large part of my time between now and my retirement next May, and is also part of my succession planning. Consequently, I'll be spending less time on community development and collaborative initiatives.
- **CDSS Supportive Information and Referral:** A reminder that agencies can refer folks to CDSS for up to three sessions with our Supportive Information and Referral consultant. Often, people facing several issues need help 'unpacking' their needs along with referral information. Call CDSS to book an appointment with our casual Supportive Information and Referral Consultant.
- **CDSS Website:** Margaret Falk has been working with Alex Dobson of Vital Effect on a complete update of our website. It has a new look, and will be very user friendly when it is officially launched this summer. The Help Book and the Clubs and Organizations Directory will still be available in searchable database format.

Below are some highlights from some of our internal CDSS-funded programs – check the website or Facebook for more information, notably regarding **Family Violence** program or **Family Resource Centre** activities, which are two internal CDSS-funded programs not highlighted in this report.

- **Home Support (Homemaking Service and Meals on Wheels):** The program is always looking for Meals on Wheels volunteers, many of whom are connected with a church or agency, but there are some individuals who also help out. There is room for new MOW clients and a few homemaking clients as well.
- **OSCAR after school care:** Parents who want to ensure that there is space at one of the OSCAR school sites when school starts again in September are strongly advised to register before the summer break. Registration for 2019-20 will be held at the Community Centre on June 4 (1 – 4 pm), June 5 (9 – 7 pm) and June 6 (9 am – 1 pm).
- **Pre-School:** Registration for 2019-20 was held on March 18. Although there is still space in one of two 3-year old classes and all three 4-year old classes, registration numbers were still satisfactory for this time of year and despite the other options available in the community.
- **RCP Men's Shed:** The RCP, or Rural Community Program, is an internal CDSS program. The Shed is going strong with 37 members, 15 of whom meet regularly each week (a core group and others who drop in). The Shed continues to mentor other Alberta groups starting their own sheds, especially in Edmonton, and has been invited to present at a few conferences of late: November 2018 Rural Mental Health Conference in Brooks; a Men's Wellness Day in Drayton Valley on May, and the FCSSAA Conference in November 2019. In other news, the RCP will soon be recruiting two students for the rural-based Summer in The Park program.

### **Seniors Coalition**

- **Seniors Expo:** Camrose Seniors Coalition is hosting a Seniors Expo (display fair) in the Rosehaven Auditorium and Atrium on Friday June 7, 10 to 2 pm. Check the poster in the April Interagency Newsletter. Thanks to Chantal Beesely of The Bethany Group for taking the lead on the organizing committee. Maria Lobreau, p/t program director of Home Support, an internal CDSS funded program, is lead co-chair of Seniors Coalition, a role shared with Christina Rehman, Admin Assistant at Service Options for Seniors (SOS).
- **Supports for the Journey: A Planning Guide to Aging in Place in Camrose:** Another reminder that I can provide an electronic print-ready copy of the Planning Guide upon request ([cdss@telus.net](mailto:cdss@telus.net)), or check the CDSS website [www.camrosefcss.ca](http://www.camrosefcss.ca) (click on Elder Care Planning Guide in the left-hand menu on the home page) to download this valuable community resource.

### **Social Development Committee**

- **2019 Planning continues.** The SDC had a fruitful meeting with City Manager Malcolm Boyd in April, which helped clarify City strategic priorities and potential opportunities for SDC contributions. Over the next few months, we hope to connect with the new Economic Development Officer for Camrose, the new Transit Coordinator, and the new Recreation Coordinator, to explore opportunities for collaborative support to those positions/functions by the Social Development Committee.

#### **5. Suggestions for Future Presentations**

- **Camrose Primary Care Network – September 9, 2019**
- **Service Options for Seniors – September 9, 2019**
- Interagency meetings are a great avenue for raising new ideas and networking, and to discuss emerging trends and issues. Members can and have met with agencies outside of Interagency to discuss ideas of similar interests and needs.

#### **6. Next Meeting – Monday, September 9, 2019, 1:15 p.m.**