

Minutes of the Camrose Interagency Meetings
Held Monday, September 9, 2019 from 1:15 – 3:15 p.m.
2nd Floor Conference Room – Community Centre (CDSS)

Present: Bettyann Gibson, Children’s Services; Sarah Fuller, Children’s Services; Jolene Doig, Camrose Family Resource Centre, Early Childhood Coalition, Camrose; Humberto Aspillaga, Employment Placement Support Services; Aleisha Hockley, Health Families, Camrose Association for Community Living; Suzanne Moore, Camrose Association for Community Living, Healthy Families; Lucy Ernst, Alberta Health Services; Javan Stamp, Primary Care Network; Melodie Stol, The Bethany Group; Shannon Stolee, Camrose Public Library; Leanne Stamp, Camrose Primary Care Network; Wendy Neufeld, Alberta Health Services; Jes Mulloy, Camrose Association for Community Living, Healthy Families; Tammy Richard, Addictions, Alberta Health Services; Christina Rehmann, Service Options for Seniors; Helen Samm, Camrose Women’s Shelter; Fr. Mark Bayrock, Camrose Ministerial; Bill Harder, Hospice Society of Camrose and District; Sheralyn Dobos; Family Violence Action Society; Caroline DeGrave, Canada Revenue Agency Outreach; Jo-Anne Tweed, Camrose Neighbour Aid; Joy Vanderwerf, Seasons Retirement; Margaret Holliston, Camrose & District Support Services; Isabelle Sylvestre, Service Canada; and Margaret Falk, Recording Secretary.

Margaret Holliston in the Chair:

1. **Welcome & Introductions** – the meeting was called to order at 1:15 p.m.
2. **Agenda** – as presented.
3. **Presentations**
 - **Caroline DeGrave, Canada Revenue Agency Outreach, Edmonton: The Volunteer Income Tax Program:** Caroline highlighted the following information which is included in the “Let’s Work Together” folder that was distributed to members present.
 - **Reaching Vulnerable Groups** – making sure all vulnerable Canadians receive the benefits and credits they are entitled to.
 - **It’s Your Money Fact Sheet** – making sure people are aware of benefits and credit payments if taxes are completed every year, even if there is no income to report. The Canada Revenue Agency uses the information from income tax and benefit return to calculate benefit and credit payments, etc. Benefits and credits may include: Canada Child Benefit; GST/HST Credit; Disability Tax Credit; Working Income Tax Credit; Northern Resident Deductions
 - **Volunteer Income Tax Program** – helping people access the benefits and credits entitled to them. Organizations can take training to host free tax clinics where volunteers complete tax returns for eligible people with a modest income and a simple tax situation. Caroline noted that approximately 3000 people in Camrose qualify for the Volunteer Income Tax program. Currently Service Options for Seniors completes between 900 – 1000 tax returns. Other agencies can register with CRA, attend a free tax clinic, and then complete returns as noted.
 - **Information on Scamming** – Canada Revenue is the number 2 group that is scammed.
 - **Sign on to My Account** – a one-stop online Canada Revenue Agency service channel.
 - **Presentation** - If you are interested in a follow-up presentation for your individual agency please email Caroline Outreach.Alberta@cra-arc.gc.ca. Please contact Caroline if

you would like an information package.

- **Christina Rehman, SOS (Service Options for Seniors):**
 - SOS has a couple of volunteers, trained by CRA, to assist seniors and low-income families and individuals file their income tax. Through the Volunteer Income Tax program, Christine noted that \$234,000 (approximately 1000 people) went back into the pockets of individuals in the Camrose community.
 - SOS will assist seniors with paper work to access Canada Pension, Old Age Supplement, AB Seniors Benefit, Seniors Financial Assistance programs, etc.
 - The SOS Café meets once per month, with the purpose of connecting seniors with agencies and programs, and providing opportunity to connect seniors with other seniors in conversation.
 - The SOS Program is doing work to support and promote Battle River Elder Abuse.
 - The SOS Board has done some re-structuring to the SOS program.

4. Member Reports

Joy Vanderwerf – Seasons Retirement Community (Report Submitted)

Joy manages leasing at the Seasons Retirement Community in Camrose. Currently, Seasons is hosting an art show featuring some beautiful fabric creations of a local artist named Mary Wilton. This art show is available in our Show Suite D314 from 9:00 a.m. – 5:00 p.m., today until Friday. On Saturday, September 21st you are invited to join us for our Fall Open House from 2:00 p.m. – 4:00 p.m. There will be snacks and door prizes. This is a great time to come and visit us and have a look around."

Joanne Tweed – Neighbour Aid

September is busy with food drives, food donations and pick up of food hampers.

The Food Bank is open on Tuesdays, Wednesday, and Thursdays from 9:00 a.m. – 11:30 a.m. However, there is bread available every morning. Neighbor Aid office hours are Monday through Friday, 9:00 a.m. – 4:00 p.m.

Martha's Table (free soup and sandwiches) operates from 12:00 – 1:00 p.m. at St. Andrew Anglican Church on Tuesdays, Camrose United Church on Wednesdays, City Lights Church on Thursdays.

Sheralyn Dobos – Family Violence Action Society (Report Submitted)

Family Violence Action Society is running men's and women's intimate partner 14-week groups. One has commenced and the other will start this week, full to capacity. Solid Ground, our ongoing support for men who have completed our 14-week group, runs twice monthly. Our Anger Management group for men and women is scheduled to begin in mid-October so there is space in that group for referrals at this time. We are seeking two skilled facilitators to deliver this group so inquiries are welcome on that front. Child and youth counselling services, both individual and group format, continue to be offered at no cost. We welcome referrals at any time of the year for our groups and counselling. We are unable to offer art therapy or expressive arts group programming this Fall, nor do we have an adult counsellor at this time.

Bill Harder – Hospice Society of Camrose & District (Report Submitted)

- Hospice is **not** running the Men's Cooking Circle this fall. Next class will be end of January, 2020
- Hospice is **not** running the Daytime grief Support Group until spring 2020
- Hospice is offering a grief support group for those impacted by suicide death. Wednesday evenings, Sept 18-Nov 20 (possible delayed start if we do not have minimum registration of 8), 6:30-8pm. Call Bill at 780.608.0636 to register.

Father Mark Bayroch, Camrose Ministerial

No report

Helen Samm – Camrose Women’s Shelter

Helen is the Community Outreach Worker. Helen assists with transitioning women who have stayed at the shelter, back into the community of their choosing and/or supporting women and/or men who have not stayed in the Shelter but need assistance in the form of encouragement, advice, referrals, searching for housing, etc. Helen can meet in homes, if safe, or at a public location. Helen locates her program 2 days/week at PCN.

Christina Rehmann – Service Options for Seniors

- Christina noted that Service Options for Seniors has promotional bags and pens with the SOS phone number on it.
- Service Options for Seniors will participate in the Fuel Good Day at Camrose on September 17th
- SOS is helping to fill the transportation “holes” for seniors that wish to utilize the Camrose Connector but need additional transportation support. We are working with an Edmonton service that will assist folks from the University stop to their appointments (right in to the waiting room) and then back onto the Camrose Connector to go home.

Tammy Richard – Alberta Health Services Community Addiction and Mental Health

- Community Addiction and Mental Health provides community based counseling and treatment, Monday to Friday, from 8:00a.m. – 4:30 p.m., free of charge. Assessment, treatment and referral services are provided to children, adults and older adults with addiction and mental health issues.
- Brenda Nelson, Manager of Addiction and Mental Health Services for central zone has retired after 18 years. Maribela Arruda-Block is the new manager.
- September 10th is World Suicide Day. Tammy presented information on how we can all make a difference to prevent suicide. She circulated fact sheets regarding suicide in Alberta and tips for communicating about suicide.

Michelle Mazurenko – Healthy Families

- The Healthy Families program works with women who may be pregnant or are actively parenting a child who is 0 – 3 years old by providing supports for a healthy pregnancy, supporting positive relationship with children; connecting to resources and programs, building on identified strengths. Healthy Families also provides long-term support in response to the concern of substance use during pregnancy.
- The Community Kitchen will be held the 3rd Tuesday of the month.

Wendy Neufeld RN CDE, Health Educator, Alberta Healthy Living Program Central Zone – (Report Submitted)

Regular health education workshops are scheduled for Camrose and district. These workshops are presented by health professionals such as a Registered dietitian or a Registered Nurse. All programs are free, and open to self-registration, no referrals required.

1. Weight management – series of 9 workshops - Tuesdays 5:00 – 7:30 pm
2. Heart Wise – 2 part series; next is in Ferintosh on 26 Nov 3 Dec.
3. Diabetes The Basics 2 or 4 part series. Sept then November, 2019

Several 1 hour workshops are available to be presented to groups. These presentations are free, and scheduling is open to discussion. Please contact me to discuss booking a short health education session for a group in Camrose.

Find information on upcoming scheduled sessions at:
Camrose Healthy Living Center - 780-608-8683
Alberta Healthy Living Program – 1-877-314-6997

Alberta Healthy Living Program -> <https://www.albertahealthservices.ca/zones/Page14678.aspx>

Healthy Living Center > <https://www.albertahealthservices.ca/services/page2666.aspx>

Leanne Stamp – Camrose Primary Care Centre

Leanne is the Patient and Family Advisor Obstetrics, and Project Coordinator for Primary Care Network. The leadership team of Colleen McKinstry and Stacey Strilchuk resigned this summer. Christie Sharun has been hired as the new Executive Director for Camrose PCN. Christie will commence her position on September 23rd.

Shannon Stolee- Camrose Public Library (Report Submitted)

September is Library sign-up month – we are celebrating with free memberships for our county patrons (city memberships are always free!) and a chance to win a \$50 Visa gift card through our Refer-A-Friend contest.

Our library programs are all listed online at cpl.prl.ab.ca and the fall schedule is in full swing. Come for our regular programming as well as some new ones: diabetes information sessions, Augustana lectures, adult craft nights and lunchtime TED Talks!

We celebrate 100 years this year – save the date for our Centennial Celebration on November 19.

Melodie Stolee – The Bethany Group

The Bethany Group Foundation is sponsoring another free Faith and Aging Conference on Friday, November 8th at the Norsemen Inn. The conference theme is Diversity, with Yassmin Abdel-Magied and George Laraque as presenters. The poster is included in the September Interagency newsletter, and is on the Bethany Group website. To register go to www.eventbrite.ca (faith & aging diversity) or call 780-679-2012.

Javan Stamp – Primary Care Network

Javan is the Behavioral Health Consultant at PCN. Javan works with youth, 24 years and under. Referrals can be received from physicians, agencies, and self-referral. This position works closely with The Open Door.

Lucy Ernst – Alberta Health Services, Health Promotion (Report Submitted)

I have been asked to assume the duties of the School Health Promotion role, in addition to my role in Community Health Promotion. Carol Breitreutz retired in March 2019 from the school portfolio and I have been asked to take this on as her position will not be posted at this time.

I continue to work collaboratively with community partners to help identify barriers to health that exist in the community and then use best practice approaches to remove these barriers. Some examples of current work include:

- Camrose & Area Risk Education (CARE) Coalition: we just received a micro-grant from Health Canada to help us educate youth on the health impacts of vaping.
- Camrose Wellness Coalition: we are currently working with the City of Camrose and other local partners to look at creating an inclusive playground.
- Walkable Camrose: we are working with community partners to create an inventory of some of the areas in our community that are not walkable.

Humberto Aspillaga – EPPS

- Humberto works for EPPS in Red Deer, but comes to Camrose and Wetaskiwin once/month.
- Humberto noted that the Opportunities Fund provides employment supports and services tailored to meet the needs of individuals who have a permanent disability, (does not require medical documentation, can be self-identified). The individual must have little or no labour market attachment over the last 5 years. This program can not work with individuals who have an active EI claim, on WCB or receiving long-term disability benefits from work.

- If you are able to offer an employment position for individuals meeting the criteria noted above please contact Humberto at 403-343-6249. Wage subsidies are provided to support the training of a pre-approved participant.

Jolene Doig – Camrose and Area Early Childhood Development Coalition Coordinator and Family Resource Centre (Report submitted)

Camrose Family Resource Centre

- Fall registration will be held on Saturday September 14 via the Event Brite link on FRC website.
- Monster Mash is Oct. 25 at the Norsemen. This is one of our largest fundraisers and we sell close to 700 tickets if both dances sell out.
- The Community Centre location will be closing and we will be operating out of our Central Agencies location, with a new location being announced soon. Please refer to our Facebook page for updates with regards to the move and hour changes.
- Though a move is anticipated soon, service delivery will not be impacted. All staff, who are Triple P trained, will be ready to meet with families as needed and there are many planned parent education opportunities coming up.

Camrose and Area Early Childhood Development Coalition

- We are in the process of distributing all of our preschool bags to 3 year olds in our coalition area. These bags were developed as a result of indicators Alberta Education shared regarding vulnerable areas of development for kindergarten kids in our area. These bags contain resources and materials to address areas of development and encourage children and families to explore while learning through play. To date the coalition has distributed over 1000 bags!
- The next quarterly meeting is September 23rd. If you are interested in joining the coalition or want to find out more information on how we educate, celebrate and advocate the importance of early childhood please feel free to contact Jolene at 780-672-0141

Sarah Fuller - Children's Services

Children's Services is currently fully staffed, with 3 or 4 new employees in the office.

On a personal note, Sarah chairs the Camrose Family Resource Centre Board.

BettyAnn Gibson – Children's Services

No report

Isabelle Sylvestre – Service Canada

Services include: Employment Insurance, Canada Pension Plan, Old Age Security, Social Insurance numbers; Canada Education Savings Grants; Apprenticeship Grants; other Government of Canada services, and Passport receiving.

Margaret Falk – Camrose and District Support Services

Work on updating the 2020 CDSS Help Book will begin early October. The forms will have a different look this year. CDSS rebuilt their website (if you haven't checked the new website out, please do so) and changes to the forms had to be made to accommodate the new database on the new website. When you receive notice to update your agency information for the Help Book, please do so as soon as possible.

Margaret Holliston – Camrose and District Support Services

- CDSS moving date is November 1st, pending lease approval by the CDSS Board at the September 23rd meeting. Location will be announced as soon as the lease is signed. CDSS office will be closed on October 31st, November 1 and November 4th to accommodate the relocation.
- Interagency will need host locations for future Interagency meetings as CDSS will no longer have conference room space in their new location. Please contact Margaret Holliston if you are able to host Interagency meetings at no cost.

- CDSS Budget meeting will be held on October 15th.
- OSCAR (After School Care program) has a waitlist, this is mostly due to a staffing shortage.
- Preschool is also re-locating (space to be announced upon signing of their lease). The uncertainty/rumors of what was to happen to the Community Centre has had an impact on registration.
- Senior's Coalition – Christina Rehmann and Maria Lobreau Co-Chair the Senior's Coalition. Senior's Coalition is hosting a presentation from the Senior's Advocate on Monday, September 30th from 1:30 – 3:00 p.m. at the Auditorium in the Rosehaven/Heritage Building. A poster is included in the September Interagency newsletter.
- The Social Development Committee met on Monday, September 9th and determined to pause meetings until February, 2020.
- Kids Campus Day Care is circulating a petition to keep the Early Child and Learning Project - (\$25.00/day childcare).

5. Suggestions for Future Presentations

- **Alberta Health Services** – Pamela Boyson will be presenting on the newly released Canada's Food Guide
- If anyone else would like to do a presentation on their program please contact Margaret Holliston

6. Next Meeting – Monday, November 18, 2019, 1:15 pm

- Location to be determined

Meeting adjourned at 3:00 p.m.