

Camrose Interagency Meeting Minutes
Held Monday, February 10, 2020 @ 1:15 p.m.
At the Gateway Centre (Camrose Open Door Association)

Present: April McCorquindale, Camrose Primary Care Network; Dumebi Omoha, Children's Services; Iona Brager, Centra Cam; Joy LeBlanc, Camrose & District Hospice Society; Dori Wolfe, Children's Services; Andrea Weber, Association of Communities Against Abuse; Leslie Lindballe, Camrose Women's Shelter; Shara Harke, Association for Communities Against Abuse; Alexis Lockwood, Capital Region Housing (Edmonton); Laurie MacDonald, Plan It Consulting; Denise Robbins, CAFCL; Suraj KhaTiwada, Action for Healthy Communities; Zoil de Paz-Gendrew, Action for Healthy Communities; Karen Knull, Service Canada; Joy Vanderwerf, Seasons Retirement Communities; Tammy Richard, Alberta Health Services Addictions and Mental Health; Christina Rehmman, Services Options for Seniors; Brianna Lockhat, The Open Door; Mariah O'Connor, The Open Door, Margaret Holliston, Camrose & District Support Services; Robyn Gray, Camrose Public Library; Kari Cameron, Camrose Family Resource Centre A Parent Link Centre; Jolene Doig, Sheralyn Dobos, Family Violence Action Society, and Margaret Falk, Recording Secretary

Chair: Margaret Holliston

1. **Welcome & Introductions**
2. **Agenda** – no additions or changes to the agenda.
3. **Presentations:**

It's Not Right – Neighbours, Friends and Families for Older Adults

Christina Rehmman, Service Options for Seniors and Sheralyn Dobos, Family Violence Action Society, presented a short overview of *"It's Not Right: Neighbours, Friends and Family,"* an elder abuse prevention presentation. Christina and Sheralyn shared information on recognizing the warning signs and taking steps to help elders, whom are being abused, in a safe and respectful manor.

A one day training is scheduled for February 27th from 9:00 a.m. – 4:30 p.m. This training is a province-wide initiative of the Alberta Elder Abuse Awareness Council and delivered by Family Violence Action Society and Service Options for Seniors.

Alexis Lockwood, Education Lead, Rent Subsidy (Report Submitted)

The RentSmart Educator (train-the-trainer) program is being offered in Wetaskiwin, April 20 to 22, 2020. This is a unique local opportunity for central Alberta service providers, as this training is usually only offered in Edmonton and Calgary. Through the generous support of the Alberta Real Estate Foundation, we are able to offer a limited number of **free spots** for **rural service providers** (regularly \$650 – limited to one spot per organization, first-come first-serve). To apply for a free spot, please visit: <https://rentsmarteducation.org/product/RSE-AB-2022>

RentSmart is an in-person educational program that helps people gain the knowledge and skills they need to have successful tenancies and maintain housing. RentSmart sessions are delivered by local service providers who have been certified as RentSmart Educators. There are over 140 certified RentSmart Educators in Alberta.

The RentSmart Educator (train-the-trainer) program is a multi-day, in-person session for service providers. It covers best practices in housing stability and homelessness prevention, adult education and facilitation principles and skills, and detailed curriculum for RentSmart programs. After being certified, Educators go on to deliver RentSmart programming in their community, including:

- 12-hour RentSmart Certificate course
- 3-hour RentSmart Basics course
- Incorporating RentSmart content into their advising and one-on-one client work

Capital Region Housing is the provincial coordinator for RentSmart in Alberta. For more information, please contact Alexis Lockwood at RentSmart@crhc.ca or 780-702-9652.

4. Member Reports

Mariah O'Connor – The Open Door

The Open Door hosts SMART Recovery meetings twice a week for youth between the ages of 11 – 24. This group is for people dealing with addictions and/or substance abuse.

The Open Door has an Emergency Housing program which accommodates up to 16 clients. Youth Support Workers support clients in housing to establish goals and to develop life skills, as well as act as an advocate for them when needed. The emergency housing is closed from approximately 8:30 a.m. to 4:45 p.m., but housing clients have access to the main office where they can access services. Youth can reach staff 24/7 through the emergency helpline. Currently the transitional housing unit is full.

Brianne Lockhat – The Open Door

Brianne works with youth by connecting them to supports and resources in the community. The Open Door now has a harm reduction site for youth aged 16 – 24, which currently is available during regular office hours. Contact Brianne if you need further information on the harm reduction site.

Christina Rehmann – Service Options for Seniors

Service Options for Seniors partners with the CRA to provide the Community Volunteer Income Tax program (free of charge). Individuals with a threshold income of \$30,000 and couples with a \$40,000 income qualify for this program. SOS is also partnering with the Camrose Public Library and the CPL to offer free tax clinics. Dates are March 12th from 5:00 to 8:00 p.m., and April 16th from 5:00 – 8:00 p.m.

Christina is working with different community stake holders to put together a panel discussion regarding suitable transportation for the community.

Christina has been visiting senior focused residences to assist seniors in the uploading of receipts on the new Alberta Government App.

Anyone interested in SOS programs please call 780-672-4131.

Tammy Richard – Alberta Health Services Addictions and Mental Health

Tammy is continuing with presentations to students and the community on the harmful effects of vaping. Over 35,000 Albertan youth are using vaping products. A future public presentation is being planned at the Camrose Public Library.

The adult therapist and 2 children's therapist positions have now been filled.

Kari Cameron – Family Resource Centre – A Parent Link Centre (Report Submitted)

Extended hours for Drop In Play - Join us for late night and Saturday drop in play time.

Thursdays we are open 9:00 a.m. - 7:30 p.m. and Saturdays from 10:00 a.m. - 2:00 p.m.

Family Transitions- Triple P - Two staff members recently have been accredited in Transitions Triple P. This level is for families going through separation and/or divorce. Family Transitions gives parents a new way to help protect their child/ren and themselves from the fallout of the split. This program will give parents/caregivers new ideas, techniques and strategies to help them through the day to day dramas and on-going trauma of their situation. These ideas can help them cope with stress, anger and change.

Call 780-672-0141 for more information.

Karen Knull - Service Canada

Karen is Citizen Services Specialist for Service Canada / Government of Canada. Karen can be reached at karen.knull@servicecanada.gc.ca or by phoning 403- 406-2926. Karen can work with community partners to provide information on Service Canada programs that benefit clients including, aboriginal people, families and children, newcomers to Canada, people with disabilities, seniors, veterans, youth and students.

Denise Robbins – Camrose Association for Community Living (Report Submitted)

Family Support Coordinator – Assist Families with Children with special health or developmental concerns in navigating community supports and resources as well as home visitation.

Jobs4Youth program – serve 15 - 30 years in skill building and goal setting to obtain and maintain employment.

Kandu summer camp – 7- 17 year olds with special health or developmental concerns – July and Aug (Tues, Wed, Thurs, Fri). Registrations will open mid-May.

Leaders in Training summer camp (LIT) – 14- 21 year olds with special health or developmental concerns – July and Aug (Mon, Wed, and Thurs). Registrations will open mid-May.

We are in the process of gathering information to put into booklet form to walk families through the process of transitioning youth with disabilities into adulthood. This should be completed by March 1, 2020

Laurie MacDonald – Plan It Consulting

Plan It Consulting is a private agency that provides in-home support/household management; community support and respite. Laurie is the Companion Coordinator for Plan It Consulting and can be reached at 780-672-6003.

Shara Harke – Association for Communities Against Abuse

The Association of Alberta Sexual Assault Services has recently released a new report on the prevalence of sexual violence in Alberta. The report can be accessed on-line at <https://www.accahelps.ca/news>. It will also be attached to the minutes.

Shara is available to do community presentation. Please contact her s.harke@accahelps.ca for further information.

Jenny Ofrim, Consultant, has been doing an environmental scan on response to sexual assault. Findings will be presented to the Sexual Assault Collaborative Community Response Team.

Andrea Weber – Association for Communities Against Abuse.

Andrea is the Support and Intake worker for Camrose office. At this time, the office is open by appointment only. Currently there is a 12 week (plus) waitlist for therapy. ACCA is recruiting for 2 more therapists for Camrose.

ACCA has new print materials available. Please contact Andrea at a.weber@accahelps.ca for new print materials.

Leslie Lindballe – Camrose Women’s Shelter (Report Submitted)

The Camrose Women’s Shelter continues to offer HOPE group, a women’s group for those affected by domestic violence, on the 1st and 3rd Tuesday of the month from 4:30 p.m. – 7:00 p.m. Free childcare and supper is provided. Special presentations on budgeting, violence, addictions, etc., are scheduled for the Hope group.

Leslie talked about Sagesse. For information on Sagesse and the training for Finding Our Voices and Growth Circle peer support group being offered visit: <https://www.sagesse.org/what-we-do/peer-groups-and-mentorship/finding-our-voices/>

Leslie may bring Sagesse to Camrose to train individuals who would like to offer peer-led support groups addressing self esteem and the effects of domestic violence. In order to meet their own mandate, Sagesse is

requiring that agencies attending the training have names gathered for the people who will be attending the peer-led groups once the training is complete.

In order to organize training in our area, we need to be informed of not only the people who will attend the training, but also the people and plan for the group to be offered in your community. Please provide the following information (to Leslie via email orc@camrosewomenshelter.org) so Leslie can determine the feasibility of organizing Sagesse training in this area.

Organization name:

Phone contact:

Email contact:

Individuals planning to attend training:

Description of the dedicated space/time to host group:

Initials of anticipated group participants:

Dori Wolfe – Childrens Services – Foster/kinship

Childrens Services is continually looking for caregivers and foster parents. There is a shortage of foster homes in this area.

Dori reported on behalf of the Camrose and District Boys and Girls Club – The Boys and Girls club is currently housed at the Camrose Recreation Centre, 3rd Floor (4512 – 53 St.) This space is suiting the needs of the Club very well. Please visit <http://camroseboysandgirlsclub.ca/> for information on all the programs the Boys and Girls Club has to offer.

The Boys and Girls Club is currently leasing space to the Outreach School.

Joy LeBlanc – Camrose and District Hospice Society

Joy is the Volunteer Coordinator for Camrose and District Hospice Society. Upcoming training sessions (which are included in the Interagency Newsletter) consist of:

- Compassionate Communities: Before I die
- 2020 Bereavement & Grief Workshops
- Volunteer Training

Camrose and District Hospice Society has been mentoring Wetaskiwin as they are starting a Hospice Society.

One of the Hospice volunteers, who was recently diagnosed with Cancer, has started a Cancer Support Group. The first meeting was held at the Camrose Public Library. For more information contact Margo at 780-608-7990 or Joan at 780-672-9579.

The St. Mary's Hospital, Camrose Foundation, is hosting a Mental Health Symposium on Thursday, April 2, 2020. A poster has been included in recent Interagency Newsletters and will be included in the March Interagency Newsletter.

Iona Brager, Centra Cam (Report Submitted)

Centra Cam is hosting the Great Leaders series. Karin Naslund is the instructor. There still may be some room for extra participants. Contact Centra Cam.

At the Emergency Clothing and Furniture Depot, we are attempting to define and clarify what the vouchers are intended for. A fax has been sent and there will be a follow-up email. If you want more information, contact me at ECFD

Dumebi Onuoha – Children's Services

Children's Services is recruiting for a caseworker position.

April McCorquindale – Camrose Primary Care Network

April is one of 2 Behavioral Health Consultants for CPN. April is full-time and Lisa Cottrell is part-time. The Behavioral Health Consultant is able to provide short term counselling, offers supports for connecting people to community resources, and supports for patients and their families with emotional and financial challenges that come with a cancer diagnosis. Appointments are booking well into March. Anyone can self-refer or by talking to their family doctor.

Christie Sharun is the Executive Director and Melissa Berg is the Clinical Manager.

Robyn Gray – Camrose Public Library (Report Submitted)

On March 27, Megan Ginther will be offering a workshop for two different types of circle storytimes, new rhymes, and the five practices of Early Literacy. The instructor has a Bachelor of Education with a specialization in Early Childhood Education along with 20 years' experience working with children and their families. If anyone would like to attend, they can email or call her directly (as per the info on the poster). (Poster will be included in the March, 2020 Interagency Newsletter).

Sheralyn Dobos – Family Violence Action Society

Family Violence Action Society is currently running the men's and women's intimate partner 14-week groups. The 8 week Anger Management group for men and women will begin soon.

Child and youth counselling services (ages 6 and up), both individual and group format, continue to be offered at no cost. We welcome referrals at any time of the year for our groups and counselling.

Shannon Stolee - Camrose Public Library (Report Submitted)

Community Kitchen: Join Community Service Learning students from the Augustana Campus of the U of A for six free weekly culinary sessions. All ingredients and tools will be supplied, and registrants will go home each week with a dish designed to feed a family of four. Child care will be available if required. Our thanks go out to [Wild Rose Co-op](#) for their generous donation to help cover the cost of this program, to Camrose United Church for sharing their space, and to the CSL students and staff at the U of A Augustana Campus for their time and thoughtful planning. **February 28, March 6, 13, 20 & 27, and April 3**

Canva for Non-Profits: Canva is a powerful graphic design website. Your posters, brochures and social media will all look amazing with a little help from Canva! Bring your laptop and we can get you set up with some Canva basics. **February 20, 2020 at 6:30 p.m.**

Build a Board Game Workshop: Over 4 weeks participants will have the opportunity to work on developing a tabletop game idea, build a prototype set, have access to the library's 3D printer and Cricut to create game pieces, and receive valuable feedback from other workshop participants. **February 22, 2020 to Mar 14, 2020 1:00-3:00 p.m.**

Managing Emotional Eating: Alberta Health Services is presenting a 3-week workshop for anyone who wants help improving their eating habits. Registration required by calling 1-877-314-6997. **March 18, 25 and April 1 from 5:30 – 8:00 p.m.**

Pride Week Events

Freedom to Read Week Button-making February 24 from 5:00-7:00

Tracey Burnett Queer Sexual Health chat February 26 at 6:30

Queer Like Me art show reception February 27 at 6:30. (Art will be at the library all week)

Dementia Grant: The library has received a grant from Alberta Health Services to provide resources and support for people affected by dementia and their caregivers. If your agency is connected with dementia, the library would love to work with you and see how we can help.

Check out cpl.prl.ab.ca for our ongoing calendar of events, including storytimes, after school programming, bookclubs, technology classes and more!

March 27 – 1:00 – 5:00 – story time – tools and strategy for story time.

Jolene Doig, Early Childhood Development Coalition (Report Submitted)

The Coalition is starting to wrap up their fourth, and final quarter. As funding is ending April 1st we are starting to wind down our activities and events. The coalition has decided to merge into the newly formed Camrose Coalition for 0 - 18. This is a new coalition developed to bring together professionals and service providers who work with families. Our role on the coalition will remain the same as our early childhood coalition, which is advocate and educate the importance of the early years.

Two events which are coming up are as follows: Sunday Feb 16th - Family Day with Camrose Family Resource Centre at Mirror Lake 1 – 4; and ASQ-3/ASQ SE2 Fair (Teddy Bear Wellness Check op) On Feb 17th at the Camrose Family Resource Centre.

Seasons Camrose - Joy Vanderwerf (Report Submitted)

Our Camrose home is joyfully occupied. There is one Independent Living suite that someone is scheduled to move in to at the end of the month and there is one Memory Care suite which still needs someone to occupy it. Other than that, we are a full house at the moment.

Annual Education is underway for all staff this month to keep us at our best.

A few upcoming events that you might be interested in knowing about or attending:

In February on the 14th we will have our Valentines Day party, complete with Damian our concierge dressing up as Cupid to help deliver candy-grams. On the 20th we are having a glow in the dark, 70's bowling bash. On the 26th there is a celebrity chef dinner party. If you are interested in attending any of these events, please contact Joy (780-672-2746) so I can accommodate you.

Contact Joy also for more information on Camrose Seasons Retirement Community. I can give you a tour and answer any questions you might have.

Suraj Khatiwada - Action for Healthy Communities (Report Submitted)

Action for Healthy Communities (AHC) is a non-profit charitable organization in Edmonton. Settlement and Integration and Integration program in AHC offers settlement support services to newcomers to Alberta in different areas including but not limited to housing, health, education, legal aid, citizenship support, money and finances, supporting in immigration applications and other community supports. This program is funded by Refugee, Immigration and Citizenship Canada (IRCC).

AHC has started working in Camrose from last year. Our Camrose office is at Camrose and Area Adult Learning Council, 5000 51 Ave #7, Camrose, AB T4V 0V6 . AHC is planning start SWISS program and other community support program from next fiscal year starting from April. Relationship building and partnership building with Camrose local agencies is very important for us at this point of time. AHC is very open and interested to communicate with local agencies to build this relationship. Currently 2 Settlement Community Navigators are working in Camrose. Michelle Bautista, michelle.bautista@a4hc.ca 587-338-3162 and Zoila de Paz-Gendreau zoila.depaz@a4hc.ca 587-340-0903

Michelle and Zoila are currently working with some community groups and individuals and also working on some relationship building. Suraj Khatiwada will be the contact person at Edmonton office for any communication.

Here is the contact info: **Program Lead,**

Settlement & Integration Office: [780-944-4687](tel:780-944-4687) ext. 222 Cell: [780-293-6859](tel:780-293-6859) Fax: [780-423-4193](tel:780-423-4193) E-mail: suraj.khatiwada@a4hc.ca

Margaret Falk – Camrose and District Support Services

2020 Camrose and District Help Books are available at the CDSS office. Please Contact Margaret Falk at 780-672-0141 to make arrangements to pick up copies for your office.

5. **Suggestions for Future Presentations - Association for Communities Against Abuse** May is Sexual Assault Violence Awareness Month

6. **Next Meeting – Monday, May 11, 2020, 1:15 p.m.**