

## Women's Spiritual Creativity Circle

is being held online, and additional dates are being added.

**This is a Karma Offering, Pay what you can, \$10-\$25.**

**Dates and Times currently scheduled:**

**10 am -12:00 pm MST**

**April 15, May 6, May 20th, June 3rd, June 17th.**

(additional dates may be scheduled if requested by participants).



Covid -19 Note: Due to the new normal of social distancing and self-isolation, the Women's Spiritual Creativity Circle will be held ONLINE going forward. Join us and keep connected during this stressful time - Circle with other women, share how this is impacting you, and keep your mental health supported.

**Blessings, Nikki**

## Women's Spiritual Creativity Circle

You are invited into the Safe and Sacred Circle  
~ a safe space for all who identify as women, where together we will gently explore ourselves, our experiences, and our relationships to our mental health and wellbeing.  
All faiths and traditions are welcome and supported.

Facilitated by Registered Canadian Art Therapist, Nikki Featherstone, the Circles will be Thematic ~ meaning each Circle will focus on a theme that is relevant to the lived experience of Women.

\*\* No art experience or technique knowledge is needed to participate

\*\* Karma Offering, pay what you can: \$10-\$25 per Circle

\*\*No commitment to ongoing Circles required - come to the Circles that work for you. You are encouraged to come to as many as you can, as they build on each other and you will get the most out of it if you can come regularly.

**Contact Nikki to register your spot:**

**Haven.SpiritualArtTherapy@gmail.com or Studio 780-678-6223**

#women #tribe #gather #haven #spiritualtherapy #circle #creativity #arttherapylife #arttherapy #returning #selflove #selfcare #havenarttherapistudio #connected