



In-Home Support Services **May 2021**

This list is not an endorsement; it is information only. Access the CDSS HELP BOOK (online or pick up a booklet from our office) for more comprehensive listing of Human Services, Rural Clubs and organizations go to www.camrosefcss.ca. 780-672-0141

Agencies

Clubs and organizations 2021 listing HELP BOOK
Camrose & District Support Services(CDSS).....780 672-0141
HELP Book is accessible online at www.camrosefcss.ca

Clothing & Furniture Stores (2nd hand and drop-off)

Emergency Clothing and furniture Depot ..780-608-1681
Camrose & District Family Thrift shop ... 780-672-5027

Equipment Purchase/Rental

Swan city mobility 780-673-3454
Take Care Mobility 780-672-3204
Lakeland Respiratory (CPAP Therapy, Oxygen, Sleep apnea testing) 780-672-1522
Therapeutic Lifestyle Essentials 780-672-5020

Financial services & Income Supports

S.O.S Service options for seniors780-672-4131
Canada/Alberta Service Centre &
Assured income for the severely handicapped (AISH) program &
Income Support Program780-608-2525
Seniors Health Benefits310-0000 or 780-427-2711
www.alberta.ca/seniors-health-benefits

Foot Care

Andrea Stifter (LPN) Alberta Foot Care Academy .780-781-1119
Fairy Tale Feet 780-226-8408
KenPar Footcare Services (LPN)..... 780-563-0155
Holistic FootCare (LPN, BSc Pod.)– **Roy** 780-563-0021
Dr. Meng Limmany (Central Agencies) 780-679-0664
Sole Heeling by Dana 780-679-8245
Ticklish Toes (LPN) **Jenelle** 780-781-2720

Handyman

Snow Shovelling/Yard Work/Odd Jobs

Dhime ServicesEli780-781-0807
Classic Snow Removal (Clarence)..... 780-678-1114
Sam's Handyman Services780-672-0889
JEM Janitorial780-781-5016
Centra Cam780-672-9995
The Little Yard Care Company780-679-4100
Scott's quality lawn care.....780-270-2913
Camrose Morning News daily ads for local providers

Housekeeping & Personal Care Services & other

Camrose & District Home Support Service 780-672-0141
Silver Star Senior care services (Leanne)..... 780-678-7777
Lean on me companion care (Miranda)..... 780-608-4557
Plan it Consulting 780-672-0063
All Heart Home Care Inc 780-672-6678
Your good company (Edmonton/Camrose).780-299-9049
Christina (private housekeeper) 780-678-9779
Dawn (private personal care and other)780-608-9178
Camrose cleaning service780-608-3927
High Gloss Homemakers 780-679-7927
Integrated Lifestyles cleaning service 780-679-8158

Professional organizing

Rose City Professional Organizing 587-340-0042
Clean Start organizing780-678-5178

Housing

The Bethany Group780-679-2002
Seasons Retirement Community 780-672-2746
S.O.S program listing of senior friendly housing 780-672-4131

Hearing loss

Healthy Living Centre (community rehab)780-608-8683
Hearing Sense 780-679-0900
Hauck Hearing centre780-672-4808
Hearing Life780-672-0730
Clarico 780-673-1000

Meals/Food

Food Bank & Neighbour Aide 780-679-3220
Meals on Wheels (Hot lunch/Frozen meals) 780-672-0141
Community Nutritionist (Alberta Health) ... 780-679-2980
Dietitian Covenant Health St. Mary's hospital..... 780-679-6100
Dinner Deva – frozen or hot meals780-781-7766
Camrose Legion (soup/sandwich) 780-672-3325

Psych Social Support

Crossroads Day Program 780-679-3045
Seniors Mental Health Services.....780-679-1241
Canadian Mental Health Assoc.780-672-2570
Caregiver support group 780-672-9579
Nav-Care ...Joy LeBlanc (Hospice Society)..... 587-322-9269
Crisis HELP Line..... 1-877-303-2642
Senior's Abuse Helpline 1-780-454-8888
Alberta Elder Abuse Awareness Council (A.E.A.A.C)
www.albertaelderabuse.ca 310-1818

Physiotherapy & Respiratory Therapy & other

Healthy Living Centre (community rehab)780-608-8683
Battle River Physical Therapy. 780-672-2891
Camrose Physiotherapy & Sports Injury Clinic 780-679-2247
Advanced Respiratory Care Network780-673-1150
HOM of Well Being *oncology & palliative care massage*
www.HOMofWellBeing.com780-679-5997

Transportation for Public & medical appointments

Rose City Handi-Van 780-672-8777
Camrose Community Bus 780-672-8777
.....Current schedule listed on www.camrose.ca
Volunteer Drivers from Neighbour Aide 780-679-3220
.....Medical purposes only –
Plan-it-Consulting – fee for service to appts. 780-672-0063

Phone Help Lines

Good Samaritan (TeleCare) 1-800-676-8397
Lifeline1-800-543-3546
NuTech (Electro Tel)780-679-0822
Alzheimer's Society 1-866-950-5465 1-780-488-2266
Crisis HELP Line..... 1-877-303-2642
Senior's Abuse Helpline 1-780-454-8888

Gov't Agencies and Health care

AHS (Alberta Health Services) Access Centre (Home Care)
.....**1-855-371-4122**.....
Local residents with home care services ONLY 780-679-2900

Camrose PCN primary care network780-608-4927
Geriatric Assessment program (GAP)780-608-4927

St.Mary's Hospital780-679-6100
Blue Cross Federal Inquiry (medavie)..... 1-888-261-4033
Dept. of Veterans' Affairs 1-866-522-2122
Children Services 780-608-1800
Camrose Alberta Supports Office780-608-2525
Vision loss rehabilitation Alberta/CNIB Foundation 780-488-4871

Revised for May 1 2021. For up to date referral lists contact 780-672-0141 Home Support Service Society.