

OSCAR Newsletter

Email: info@camroseoscar.ca / www.camrosefcss.ca

Phone: 780-672-0141 / **Address:** 4821 - 51 St. Camrose AB



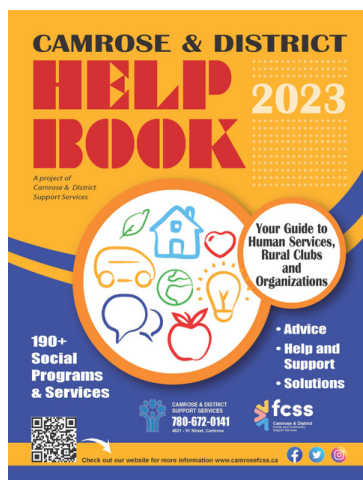
Looking Ahead to Important Dates to Remember

- **November 1** **CLOSED - NO School and NO OSCAR**
- **November 2** **Early Dismissal - OSCAR starts at lunch dismissal**
- **November 13-17** **CLOSED - NO School and NO OSCAR**
- **November 20** **October Fees DUE**
- **November 20** **December Calendar DUE**
- **December 7** **Early Dismissal - OSCAR starts at lunch dismissal**
- **December 11** **CLOSED - NO School and NO OSCAR**
- **December 15** **January Calendar DUE**
- **December 21- 29** **CLOSED - NO School and NO OSCAR**
- **January 4** **First Day Back to School - OSCAR Open**
- **January 11** **Early Dismissal - OSCAR starts at lunch dismissal**
- **January 20** **December Fees DUE**
- **January 20** **February Calendar DUE**
- **January 31** **CLOSED - NO School and NO OSCAR**



The Help Book - A Guide to Human Services is also available online in the form of a searchable database: www.camrosefcss.ca/helpbook/

The 2023 Help Books are available at Camrose & District Family & Community Support Services Office 4821 - 51 St., Camrose AB



We share reminders, family community events and workshops on Facebook Search for: OSCAR Child Care Society



What's Happening at the Programs

CHESTER RONNING:



October has been full of amazing weather! We have been outside almost every single day! The children absolutely love the new park but also have found some interesting supplies to create grass, dirt, and stick houses outdoors. Some other favorite activities we have done in October have been leaf rubbings from collected leaves, cat and mouse tag in the gym as well as bookmark making as a special keepsake from Ms. Vanessa. As most of you know Vanessa is moving on to her next adventure, she will miss you all greatly and is thankful for all the time she has been able to spend with your children. She will hold all the memories in her heart and hopefully will still see all of you OSCAR families around.

We are all very excited to welcome Ms. Wendy as our program lead as well as welcoming Mckinley and Jhecelle for support staff.

In November we will be exploring through space. We have some crafts and experiences planned so we can further our understanding and knowledge of space together in a fun and exciting way! We are most excited for building space shapes and planets, constellation art, solar system tag, and galaxy sun catchers.



**exploring
through
space**

What's Happening at the Programs

JACK STUART:

As October comes to an end we are saying a sad goodbye to Wendy. But a happy hello to Shalayne as the new team leader at Jack Stuart.

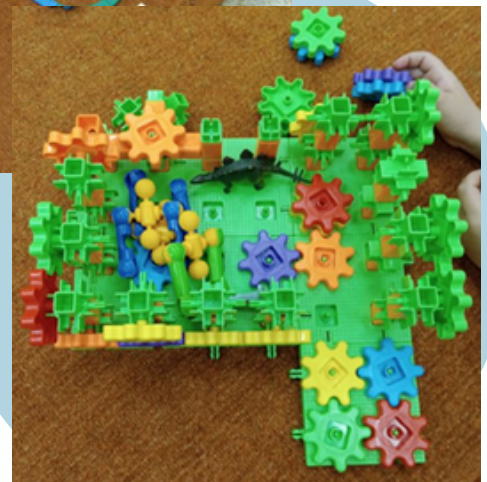
October was a successful month for Jack Stuart Oscar. All the children now have indoor shoes and water bottles. Thank you parents and guardians for your support. October was kindness month. The children are learning how to communicate with each other and are practicing kindness. Staff are handing out special bee's to the children that show extra kindness to others. The children are learning how to respect each other, Oscar toys and games and learning to follow the rules of the program.

This last month we have also been exercising our creative bones and making countless numbers of crafts and activities. We have been discovering lots of leadership skills when the kids have been teaching each other how to make loom-bracelets or other crafts. We have been noticing the kids have been using their engineering minds to make fascinating creations with our building materials.

We have been getting excited for Halloween by making Halloween crafts such as witches, pumpkins and bats. On Halloween we plan to have a Halloween fashion show as well as the Halloween dance party. So get your Halloween dance shoes ready!

Looking forward into November we are going to learn more about the meaning of remembrance day and make poppy crafts. Later in the month we hope to explore animals more because we have been noticing everyone loves to pretend to play creative animal games together. We hope to make lots of animal crafts and games. We are looking forwards to watching the seasons change more. As the weather gets colder we always want to remember to teach kids the importance of wearing proper clothing for the weather.

We are overjoyed to discover what the upcoming adventures have to offer at OSCAR!



exercising our creative bones

What's Happening at the Programs

SPARLING:

We've now had two exciting months of fun learning in Sparling OSCAR! There has been a whirlwind of activities and learning that has taken place and the energy is high and very positive. We have had great success as we have celebrated Thanksgiving and have discovered that there are many different family traditions. We learnt about the importance of fire safety in and out of school. We then bravely entered the world of Creatures by making Tarantula's and other creepy crawly critters. You've probably noticed how your child has been coming home filled with excitement and stories to tell you about the many exciting fun art projects we have completed such as; the papier-mâché jack-o-lantern, spooky black cats with long curly tails and making magic potions. Of course, Halloween will be a blast, as we prepare to screech with laughter while playing many fun games and activities.

The next few weeks will be a busy time, as we take time to recognize the importance of Remembrance Day and reflect on friendships and kindness towards others. Following that we have an exciting super hero week and then a week exploring the five senses. Sparling OSCAR has so much to look forward too!

The children are reminded to dress warmly with appropriate outer wear, toques, mittens and boots, as we will be continuing to go outside whenever possible.

Ms. Sandra and Ms. Debbra



Paper Mache Pumpkins

exciting fun art projects

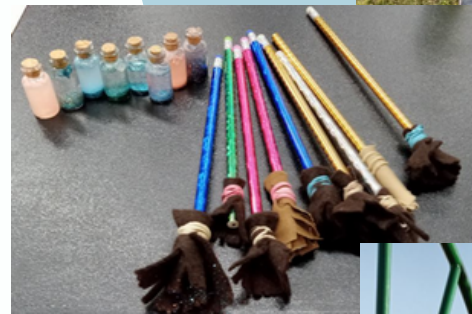
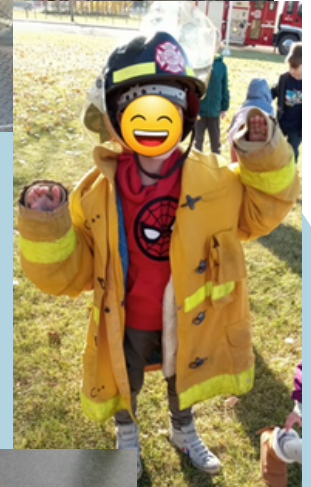
What's Happening at the Programs

ECOLE SIFTON:

The weather was very welcoming for many outside activities during October. Your children really enjoyed drawing with the chalk, blowing bubbles on windy days, group games such as hide-and-go-seek, and showing everyone how well they can cross the monkey bars. On October 12th, we had our first special guest speakers from the Fire Department. Captain Jeff Knopf (Fire & Life Safety Educator), and Junior Volunteer Kier Boos. Jeff Knopf talked about cooking safety, having an escape plan, he let the children try on the firefighter gear, and brought the firetruck for the children to sit in. Kier Boos played a game of hose bowling and also taught the children how to roll up the hoses.

A lot of children have continued to step up by demonstrating leadership with helping cleanup and showing compassion to their peers. For inside activities, your children enjoyed using their creativity in various crafts, such as perler beads, loom bands, and building a domino effect using the Jenga blocks. We had a Harry Potter Day, which went so well that the children wanted it to continue the following day. Harry Potter activities included dividing everyone into their houses, designing patronus charms, playing a game of Quidditch, making potions, and mini brooms.

November is set to be an extraordinary month filled with learning, fun and unity. Our programming for November includes an emphasis on "SPICE", a mnemonic for key elements of childhood development. SPICE stands for social, physical, intellectual, creative and emotional. We plan to start the month off with the children having a chance to bring items from home that are special for them for show and tell to encourage communication and boost confidence. Following there will be time to recognize Remembrance Day and the significance that it represents. The highlight of the month, crazy week, promises a burst of creativity with children having the opportunity to display wild hair, funky socks, unique hats, vibrant colors and even embracing the fun of backwards day. Our book week is about promoting literacy and helping the children develop a love of reading. As November wraps up, programming for Universal Children's Day will help teach awareness, foster empathy and promote understanding amongst the children



**showing
compassion
to peers**

News from the Director

OSCAR is hiring! Do you know someone who is looking to “Make a Difference” while working in a rewarding position? We are looking for the right person who will work with your most precious humans. After school care is a rewarding opportunity to help children develop life skills that will make a difference to not just themselves but for our future. If you know someone who is looking for part-time work with a flexible schedule, have them check our ad on indeed.

Join our OSCAR Child Care Team

**If you like working in a fast paced, high-energy environment with school-aged children,
we are hiring all levels of Alberta Child Care Certified Team Members for our after school care program.**

We offer competitive wages with Alberta Top Up.

Apply to:

director@camroseoscar.ca

www.camrosefcss.ca 780-672-0141



Fun Things for the Family to Do Together

Baked Oatmeal Cups 3 Ways (mamaknowsglutenfree.com)

Baked oatmeal cups are a super easy, make ahead and freezable healthy breakfast. A tasty and healthy grab and go breakfast to start your day.

Ingredients

- 2 cups oatmeal (I like Bob's Red Mill gluten-free quick oats)
- 2 large bananas (mashed)
- 2 eggs (whisked)
- 1 tablespoon cinnamon
- ¼ teaspoon salt
- ⅔ cup milk (dairy or non-dairy)
- ¼ cup of honey
- 1 tablespoon of pure vanilla extract
- 1 cup of mini chocolate chips (fresh or dried blueberries or chopped apples)



Instructions

- Preheat oven to 400 degrees.
- Spray muffin tins with gluten-free cooking spray or use muffin liners.
- In a large bowl mash the bananas, then add whisked eggs, pure vanilla extract and honey and stir to combine. Add gluten-free oatmeal, salt and cinnamon and stir to combine. Add milk and fully combine.
- Add either ½ cup of mini chocolate chips, blueberries or apples to the batter and stir to combine. For the chopped apples: sprinkle chopped apples with cinnamon and stir to coat before adding to the batter. You can also add a teaspoon of lemon juice to the apples and cinnamon mixture as well.
- Scoop batter into muffin tins and top with remaining ½ cup of mini chocolate chips, blueberries or apples.
- Bake for 20 minutes. Enjoy!

Fingerprint Poppy Art (craftymorning.com)

- You will need red/black/green/yellow paint, white paper, and 2 paintbrushes.
- Start by having your kids dip their thumbs into red paint and making a circle shape with their prints. Doing 4-5 thumbprints per poppy looks best!
- After the red paint has dried some, have them dip their pointer finger in black paint and dab the middle of each flower.
- Take a small paintbrush and put a dot of yellow paint in the middle of each flower. Then have them paint skinny green stems. The last step is to take a bigger paintbrush and have them make a ton of "X's" at the bottom to make grass! That's it!



News from the Director

Monthly Invoice

Your account is to be paid by the 20th of each month or very shortly after. Payments are done by Pre-authorized Debit (PAD), subsidy, cash, cheque or Debit at CDSS.

OSCAR Site Cell #'s

- Chester Ronning OSCAR:
780-608-0990
- Jack Stuart OSCAR:
780-608-9068
- Sparling OSCAR:
780-679-4700
- Sifton OSCAR:
780-781-5159



If you have questions or concerns regarding OSCAR in anyway, please contact me, Kandace Bonney, OSCAR Director, at 780-672-0141 or by email at director@camroseoscar.ca

Happy Birthday

Miss Stacie
Nov 10

Miss Debbra
Nov 17

Mr. Kristian
Nov 27



OSCAR Fundraiser

Mabels Labels – This great fundraiser will remain open year round and is a great way to label school supplies, coats, shoes and all the things you don't want your kids to loose. Search for our organization, OSCAR Child Care Society on the Mabel's Labels fundraising page that can be found using the QR code below to shop their catalogue. When you place your order online, it will be shipped directly to your mailing address



Shop custom holiday gifts, stationery, ornaments, and more!

A custom gift shows extra thoughtfulness – and you'll help grow our funds!

Go to campaigns.mabelslabels.com and choose our organization from the list!



Subsidy

- Website: www.alberta.ca/child-care-subsidy.aspx
- Families with a joint income of up to \$90,000 that have children enrolled in a licensed school age program can qualify for subsidy.
- Check out the estimator on the website to see if your family can receive this wonderful support to cover all or part of your child care fees
- Please inform the OSCAR Director if you will be receiving subsidy
- Subsidy Phone Number 1-877-644-9992

News from the OSCAR Office

This month we would like to highlight some of the programs that offer help to those in need in our community and also provide an opportunity to give back for those who are able. Some of these programs include:

Coat Drive: If you have gently used, clean winter wear of all sizes you no longer need you can donate these at the CDFCSS office where they will be available for free to anyone in need.



fcss
Camrose & District
Family and Community
Support Services

Need a coat? Take one!

CDFCSS is seeking donations of
freshly laundered winter wear (coats/boots/mitts/scarves)
for our annual **Need a Coat, Take One** campaign!
Call 780-672-0141 or email info@camrosefcss.ca

Community Pantry and After Hours Pantry:



Community Pantry

Located at Camrose & District FCSS
4821 - 51 St.
(Across from Camrose Co-op grocery store.)
Stop in & take what you need.
Monday - Friday,
9:00 am - noon & 1:00 pm - 4:00 pm
Also available @ Camrose Public Library
4710 - 50 Ave.
Mon. - Fri., 10:00 am - 7:00 pm
Sat. - 11:00 am - 4:00 pm & Sun. 12:00 - 4:00 pm
Stock is dependent on donations received.

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Camrose & District
Family and Community
Support Services
780-672-0141

CAMROSE
helps

Need Help with Sporting Equipment Email KidSport @ camrose@kidsport.ab.ca



SportQuip is a volunteer-operated organization.
Children are referred for equipment through
agencies. Eligible families can have access to
no-cost equipment through SportQuip.

If you know of families that need help with equipment, please refer them to SportQuip.

City of Camrose Recreation Access Subsidy Program

Subsidized rates are available for
City of Camrose recreation programs,
for City and County of Camrose residents
facing financial barriers to participate.
Proof of most recent income tax required.



Visit

Camrose & District Family & Community Support Services
at 4821 - 51 St.
to complete an application.
780-672-0141



Director News

Schedule Changes for Your Calendars

It is important that we know which children to expect at OSCAR in order to ensure their safety and prevent missing children situations. Please remember that if notice of cancellation is not received by the OSCAR Director by noon on the day before, there shall be a minimum one-hour charge per day or day rate as per family contract. If no notice is given and a child does not arrive at the program as scheduled, a \$25 no-show fee shall be charged.

All schedule changes MUST be made by contacting the OSCAR Director by email, with advance notice to **info@camroseoscar.ca** or calling the OSCAR office at CDFCSS 780-672-0141. If there is no answer, please leave a detailed voicemail in regards to what you are calling about.

When sending an email, or leaving a voicemail, please include the following information:

- Child's full name
- Program location
- Reason for absence (if your child is ill I need to know as it is a licensing requirement)
- Date absent
- Time of the call



If your child is scheduled to attend OSCAR and has joined an after school activity, it is VERY IMPORTANT that you notify the OSCAR Director/Office of the late arrival to the program after the sport activity.

Scheduled children need to check in with the OSCAR staff before going to the activity. Once they check in, they go directly to the activity so they are not late.

Helpful tip

- Email your child's teacher to let them know when your child has OSCAR.
- Write in your child's agenda they go to OSCAR

CDFCSS Office Hours

- Monday - Thursday open to the public 9:00 a.m. - 12:00 noon & 1:30 - 4:00.
- Friday - Closed to the Public (phones answered)
- On occasion the CDFCSS office is closed for a few hours as front end reception is unavailable due to meeting attendance requirements.



Community Events



Have you heard about Triple P?

The Camrose Family Resource Centre - Part of the Camrose and Area Family Resource Network offers a variety of Triple P Parenting programs for all families. Scan our QR code to see what we offer or give us a call at 780 672 0141.

Use your camera to scan the QR code, and click on view PDF to see all the levels Triple P has to offer.

Alberta Provincial Family Resource Networks

SCAN ME



LOOKING FOR INFORMATION OR SUPPORT ON PARENTING?

We have many supports, services and programs that can assist you in parenting your child or teen.



For more information or to access support, please call the Camrose Family Resource Centre at 780-672-0141 to speak with one of our staff.